

PLAN DEL DIA

Fecha:



| junio | | | | | | | julio | | | | | | |
|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|
| D | L | M | M | J | V | S | D | L | M | M | J | V | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | | | | | | 27 | 28 | 29 | 30 | 31 | | |

El menú:

Primero

Segundo

Postre

no te olvides
de llamar a:

Citas

| | |
|----|-----|
| 7 | :00 |
| | :30 |
| 8 | :00 |
| | :15 |
| | :30 |
| | :45 |
| 9 | :00 |
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| | :45 |
| 10 | :00 |
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| 11 | :00 |
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| | :30 |
| | :45 |
| 12 | :00 |
| | :15 |
| | :30 |
| | :45 |
| 1 | :00 |
| | :15 |
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| 2 | :00 |
| | :15 |
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| | :45 |
| 3 | :00 |
| | :15 |
| | :30 |
| | :45 |
| 4 | :00 |
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| | :45 |
| 5 | :00 |
| | :30 |
| 6 | :00 |
| | :30 |
| 7 | :00 |
| | :30 |
| 8 | :00 |
| | :30 |

Notas

FRASES
POSITIVAS

BEBE AGUA



| € | Gastos |
|---|--------|
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